



# Are You a Great Coach of Your Own Life?

Does your thinking, feelings, and day-to-day behavior have you on the path to greatness in your work and goodness in your life?

## SEVEN STORY IDEAS

- Five proven ways to become an effective head coach of your own life.
- “You can’t get out of your life what isn’t in your head” — How to improve the quality of your life by improving the quality of your thinking.
- Building your success on a solid foundation — The five most important behaviors you need to exhibit every day.
- Enjoying the madness in March basketball, but keeping the madness out of your day-to-day life.
- “What do you mean you want your children to behave” — Learn the complete blueprint for the behavior that will help your children reach their full potential. And you, to set the kind of example you need to provide.
- Do you share Dr. King’s dream that one day we will be judged not by the color of our skin but by the content of our character? How you can develop high-character behavior in yourself and your children!
- Daddy Please Don’t Leave — Breaking the chains of abandonment in your family. Why loyalty is at the heart of foundational behavior that creates self respect and true success.



### About Lynn Guerin

- CEO, The John R. Wooden Course; President, Guerin Marketing Services
- Executive coach and author of the new leadership and coaching book “Coach 'Em Way Up – Five Lessons for Leading the John Wooden Way.”
- 40 years of experience working with many of America’s best corporations and management teams. The last 20 years partnering, being coached and mentored by America’s greatest coach and teacher, UCLA legend and icon Coach John Wooden.
- Powerful, inspiring life story putting Wooden Wisdom principles into practice.

### CONTACT INFO

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